

An Overview of the Croagh Patrick Heritage Trail

Distance : 63 km

Ascent : 1205m

Time : 3+ Days

Traditionally the Croagh Patrick Heritage Trail is walked from east to west, walking towards Croagh Patrick. Beginning in the village of Balla which is 8 kilometres outside Claremorris and ending at the first station at the foot of Croagh Patrick beside the village of Murrisk. The trail does not include the ascent of the mountain.

Trail Description

Linear Trail: Balla (N60) – Clogher – Ballintubber -Killavally – Aughagower – Murrisk (Croagh Patrick)

Theme: National Waymarked Way (Yellow Walk) Overall Total Distance: 63 km

Level Difficulty: Moderate/Difficult

Mountain Ascent: 310m.

Total Ascent 1205m.

Terrain: Woodland, Bog, Forestry, Fields, Boreens & Minor Roads.

Mountain Tracks & Open Bog.

Minimum Gear: Trekking Boots, raingear, snacks & fluid.

Map Reference: OS Discovery Sheet 31, 38 & 30.

Services: Services available at Balla, Clogher, Ballintubber, Killavally, Aghagower & Murrisk.

Distance between Villages & estimated times for walking

Balla — Ballintubber 17km – 4 hours approx

Ballintubber— Aghagower - 27km - 6 hours approx

Aghagower – Murrisk 19 km – 5 hours approx

General description of the Trail

The Croagh Patrick Heritage Trail extends from the town of Balla westwards to Croagh Patrick. From Balla it passes through field's boreens, minor roads and small sections of deciduous woodland and scrub en route to Ballintubber. From here the terrain includes tracks through bog and forestry and short sections through fields, boreens and minor roads to reach the village of Killavally.

From Killavally the route follows tarred boreens, minor roads, forest tracks and short sections through fields and bog to arrive at the village of Aghagower. The trail then takes tarred boreens and minor roads all the way to the N59. Leaving the busy road after 250m, the route follows a track through the broadleaf Brackloon Woods and then takes a route over tarred boreens, mountain tracks and open bog to reach a point where the official trail meets the main path to Croagh Patrick Mountain. The Croagh Patrick Heritage Trail finishes at this point. The village of Murrisk is approximately 400m on the descent

Emergency contact number 999 or 112 for emergency services

Strictly no dogs allowed on the trail